

Never-1	Seldom-2	Occasionally - 3	Frequent-4	Always - 5
SPIRITUAL DISCIPLINES				RESPONSE
Real Devotional Life				
1. I practice a regular devotional time and look forward to that time with Christ.				
2. I study the Bible as apart of that devotional time.				
3. I pray as apart of that devotional time.				
4. When making choices, I seek Christ's guidance first.				
5. My relationship with Christ is motivated more by love than duty or fear.				
6. Peace, contentment, and joy characterize my life rather than worry and anxiety.				
7. I replace impure or inappropriate thoughts with God's truth.				
8. I practice a time of fasting on an annual, monthly, or weekly basis.				
9. Generally, my public and private self are the same				
10. I study the Bible for the purpose of discovering truth for daily living.				
11. My prayers focus on discovering God's will more than expressing my needs.				
12. My prayers include thanksgiving, praise, confession, and requests.				
Real Devotional Life Total				
Real Community				
13. I forgive others when their actions harm me.				
14. I admit my errors in relationships and humbly seek forgiveness from the one I've hurt.				
15. I allow other Christians to hold me accountable for spiritual growth.				
16. I seek to live in harmony with other members of my family.				
17. I place the interest of others above my self-interest.				
18. I am gentle and kind in my interactions with others.				
19. I encourage and listen to feedback from others to help me discover areas for growth.				
20. I show patience in my relationships with family and friends.				
21. I encourage others by affirming their strengths rather than criticizing their weaknesses.				
22. I serve others expecting nothing in return.				
23. I strive to become a more open person, disclosing my feelings, my struggles, my joys and my hurts with my fellow believers.				
24. My time commitments demonstrate that I value relationships over work/career/hobbies.				
Real Community Total				
Real Responsibility				
25. I share my faith in Christ with non-believers.				
26. I regularly pray for non-believers I know.				
27. I intentionally maintain relationships with non-believers in order to share my faith and testimony.				
28. I help others understand how to effectively share the gospel and their testimony.				
29. I am prepared to share my faith and testimony at any time.				
30. My actions demonstrate a commitment to the Great Commission (Matthew 28:19-20).				
31. My actions demonstrate a desire to build God's kingdom rather than my own.				
32. I use my gifts and talents to serve others.				
33. I sacrificially contribute my finances to help support my church and mission efforts.				
34. I expect God to use me every day in His kingdom work.				
35. I regularly contribute time to ministry.				
36. I strive to reproduce myself in others and help them become involved in ministry.				
Real Responsibility Total				